

HISTORICAL FICTION



“Suddenly angelic beings of light appeared. They said I was at a crossroad, and it was here where I had to make a choice . . .”

In 2022, forty-two-year-old Dr. Stormy Hera, a music professor at the University of Victoria, is serving a manslaughter sentence at Sunnydale Forensic Hospital in British Columbia. Although she can't recall committing the crime, she feels strongly that she did the right thing.

In the hopes of jogging her memory and healing her soul, Stormy is tasked with writing her autobiography as part of her rehabilitation. Spanning the 1940s to 2026, and set in the Saskatchewan prairies, Olympia, Greece, and Canada's West Coast, For Love and Mercy follows the lives of free-spirited Evangeline, and Stormy herself—including a near-death experience that changes everything.

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Charlotte Ingrid Deringer's voracious appetite for adventure has driven her to experience life to the fullest. She was in her 50s when her creative passions ignited, fueling her desire to write fiction.

Ingrid holds a BA in Psychology, an MA in Women's Studies and is also an Acupuncturist, Shiatsu Therapist, a Life Cycle Celebrant and a Meditation Teacher.

Now semi-retired, Ingrid loves to hang out with her grandchildren and spend winters in warm climates with her feet in the sand where she can write to her heart's content.



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